Rock of Israel, rise for Israel’s defense.

Fulfill Your promise to deliver Judah and Israel.

Our savior, whose name is “master of Armies”, is the holy one for Israel.

Praised are You Adonai, Redeemer of Israel.
Big idea: Rock of Israel

_Tzur Yisrael_, translated as “Rock of Israel”, is a prayer that is asking God, our strong protector – our rock – to protect and help us. _Tzur Yisrael_ is one of the many Jewish names for God.

Did you know?

In the Jewish tradition, many names have a meaning. Biblical characters often have names that are explained – for example, Jacob’s Hebrew name “Ya’akov” literally means “to follow” in Hebrew, because as a twin, he was born holding to his brother’s foot! His brother “Esau” has a name (“Esav”) that means “hairy” because he was born with a lot of hair!

God has many names in Judaism – some are unique names, like “Elohim”, while others describe what we think of God – “The blessed Holy One” (יהוה קדוש עלם), or “Master of the World” (אדון עולם). In this prayer, _Tzur Israel_ is one of the names for God, and another name is also mentioned: “Adonai Tz’vaa-ot” (אדונאי צבאות) which translates to “Master of the Troops."

The name for God we see most often is typically written as יהוה or ב”ה but we actually pronounce it: “Adonai.”

Key words:

- **צוה** - rock
- **יִשְׂרָאֵל** – Israel / the Jewish people
- **קדש** - holy
- **אדונאי** - Adonai
- **שמו** - His name
- **ברוך** - blessed