

1. בְּרוּךְ שֶׁאָמַר וְהָיָה הָעוֹלָם,

2. בְּרוּךְ הוּא,

3. בְּרוּךְ עֹשֶׂה בְּרָאשִׁית,

4. בְּרוּךְ אוֹמֵר וְעוֹשֶׂה,

5. בְּרוּךְ גּוֹזֵר וּמְקַיֵּם,

6. בְּרוּךְ מְרַחֵם עַל הָאָרֶץ,

7. בְּרוּךְ מְרַחֵם עַל הַבְּרִיּוֹת,

8. בְּרוּךְ מְשַׁלֵּם שָׂכָר טוֹב לִירֵאָיו,

9. בְּרוּךְ חַי לָעַד וְקַיֵּם לְנֶצַח,

10. בְּרוּךְ פּוֹדֶה וּמַצִּיל,

11. בְּרוּךְ שְׁמוֹ.

BIG Idea – Blessed is God!

בְּרוּךְ שֶׁאָמַר - *Baruch She-amar* is the first prayer in a series of blessings and psalms called: *Psukei Dezmira* (Verses of Praise).

When we pray, it is customary to praise God first, and only after that, we can pray for what we want or need. *Baruch She-amar* and other Verses of Praise appear at the beginning of the morning service, as a warm up for the rest of the service.

Translation:

Praised is the One Who spoke and created the world

Praised is The One!

Praised is the One Who makes creation.

Praised is the One Who speaks and does

Praised is the One Who orders and fulfills promises

Praised is the One Who has compassion upon the world

Praised is the One Who has compassion upon all the world's creatures

Praised is the One Who rewards the believers

Praised is the One Who lives forever and endures throughout eternity

Praised is the One Who redeems and rescues

Praised is God's name

Key words:

בְּרוּךְ - praised

הָעוֹלָם – the world/forever

אוֹמֵר – says

עוֹשֶׂה – does

בְּרֵאשִׁית – Creation

מְרַחֵם - has mercy

הָאָרֶץ – the land

