It is our duty to praise the Master of all,

To recognize the greatness of the One who created our beginning,

Who didn’t make us as other nations,

Or as other tribes,

Who didn’t give us the same tasks,

Or the same fate,

So we bend the knees, and bow, and give thanks

To the ruler of rulers,

The Praised Holy One.
Who reaches from heavens to earth,
And dwells in the heavens above,
And the spirit reaches the greatest heights,
This alone is our God, there are none others.
The true ruler, like no others.
As it is written in God’s Torah:
That you may know today and understand this in your heart:
that Adonai alone is God in the heavens above
and on Earth below; there is none other.
And it was said, Adonai shall be the ruler of the entire earth,
On this day, Adonai shall be one, and God’s name shall be one.

10. שַׁמְיָה נָהֳג בֵּיתוֹ בִּישָׁמָּיה הָאֱלֹהִים.
11. דִּמְצְבָּח יָהְרוּ בֵּיתוֹ בִּישָׁמָּיה.
12. נֶשֶׁכֵּית עֵצַּת בֵּיתָמוֹ בֵּיתוֹ בִּישָׁמָּיה.
13. הַאֱלֹהִים אֵין עוֹד.
14. אָמַת מְלֵאךְ, אָמַת מְלָכָה.
15. מַעֲבָרָה בְּתוֹרָהוֹ: נַעֲשֶׂה כִּי יְיָ הוּא הָאֱלֹהִים בַּשָּמַיִם מִעַל,
16. וְעַל הָאָרֶץ מִתָּחַת, אֵין עוֹד.
17. וְנָאַרְבּוּ נָאַרְבּוּ נָאַר לְבָבָךְ.
18. וְנָאַרְבּוּ נָאַר לְבָבָךְ.
19. נַאֲמַר, בִּדְבָרִי בִּי לְמָלֵךְ בְּעֵצָת בֵּיתוֹ בִּי מְלָכָה.
20. בִּי מְלָכָה בִּי לְמָלֵךְ בְּעֵצָת בֵּיתוֹ בִּי מְלָכָה.
BIG Idea – It is our duty!

עָלֵינוּ לְשַׁבֵּח means “It is our duty to praise God.”

In this prayer we acknowledge that we have a unique and different way of praying and relating to God.

The Aleinu is the closing prayer for the morning, afternoon and evening services.

Did You Know?

...leasthen we bow and bow...
- When we say - פָּוְרַשְׁנִים - we bend the knees
- When we say - וּמוֹדִים - our knees are still bent, and we also bow our upper body forward.
- We can rise and straighten up when we say - מֵרֹדֵים

Key Words:
- מלךัマルכלי – ruler of all rulers
- The Praised Holy one
- כּלּ כּהֹרְמַנָי – The whole land/earth
- שָׁמַיִם – sky/heavens
- אָרְפָּרִים – land/earth
- אֱלֹהֵינוּ – our God
- הַיָּמ – today
- אֹאָה – one

Did You Know?

Aleinu tells that we, Jews, have a special mission to make the world a better place, to work towards fixing problems and to make life better for all people. We call this mission “Tikun Olam” in Hebrew, which means – “repairing the world”.

How do we repair the world?

First, we must notice what might need to be repaired – where are people in need of help? What help might they need? What does the earth need to continue to work in a way that sustains life?

Once we notice these needs we can begin to act – every action counts! Being kind to others, saving electricity and water, giving Tzedakah and volunteering to help others are all good ways to get started.

No action is too small. What might you do today to repair the world?