אחַבְתּ עָלָם בֵּית יִשְׁרָאֵל עַמְּךָ בָּאֶםֶתּ.
נֶּעֶשֶׂה בּדַּבָּרִים וְבֵן הַמְשָׁפָטִים שֶׁלָּנוּ לֶמַּדְתָּ.
כִּי הֵם חָיִינוּ וְאֹרִינוּ בָּנֵנוּ וּבְקֵמֵנוּ נָשִׂיחַ בָּהֶם, וְנִשְׂמַח בַּדְּבָּרֵי תוֹרָה וְמִצְוֹתֶיהָ לְעוֹלָם וָעַד.
בָּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ בֶּן עַמְּךָ וְכֶלֶם שְׁמֶךָ קָדָם אַלֵּיהֶם.
BIG Idea – Everlasting love!

Ahavat Olam is a prayer that we chant during services to remind us that God loves us forever. God expresses this love for us by giving us Torah - our source of wisdom and guidance. We show God that we feel God's love by studying Torah and keeping Mitzvot.

Key words:
- סכתות Olam – everlasting love
- ישראל - Israel
- אַהֲבַת - loved
- תּוֹרָה וּמִצְוֹת - Torah and commandments
- וּבְמִצְוֹת יי - Adonai our God
- וּבְמִצְוֹת יי – Your Torah and Your commandments
- קלַעַל – forever and ever
- חַיֵנוּ - our life

Did you know?

Jeremiah was a prophet who lived approximately in the year 600 BCE – That is 2600 years ago!

Jeremiah said -

“God appeared to us and said: I have loved you with an everlasting love”

In Hebrew:

"אַהֲבַת עוֹלָם אָהָבְתָּ"  - everlasting love

Do any of the Hebrew words look familiar? Which ones?

Ahavat Olam prayer is based on Jeremiah’s words!

Another one of the prophet's famous sayings is:

God said: the wise person should not boast in wisdom, nor in might (strength); the rich person should not be proud of material wealth.

But a person shall be proud of believing in God, and knowing God’s commandments – knowing that God exercises mercy, justice, and righteousness on the earth."

This reminds us that according to God, the value of caring and doing the right thing are more important than material or physical things.