

אהבת עולם בית ישראל עמך אהבתך,
תורה ומצוות, חקים ומשפטים אותנו למדתך.
על כן יי אלהינו, בשכבנו ובקוּמנו נשית בְּחִקֶיךָ,
ונשמח בדברי תורתך ובמצוֹתֶיךָ לעולם ועד.
כי הם חיינו וארץ יְמֵינוּ, ובהם נהגה יומם וְלַיְלָה,
ואהבתך אל תסיר מִמֶּנּוּ לעולָמִים.
ברוך אַתָּה יי, אוהב עמו ישראל.

BIG Idea - Everlasting love!

אהבת עולם Ahavat Olam is a prayer that we chant during services to remind us that God loves us forever. God expresses this love for us by giving us Torah - our source of wisdom and guidance. We show God that we feel God's love by studying Torah and keeping Mitzvot.



Key words:

אהבת עולם – everlasting love

ישראל - Israel

אהבת – loved

תורה ומצוות - Torah and commandments

יְיָ אֱלֹהֵינוּ - Adonai our God

תורתך ובמצותיך – Your Torah and Your commandments

לעולם ועד - forever and ever

חיינו - our life

Did you know?

Jeremiah was a prophet who lived approximately in the year 600 BCE – That is 2600 years ago!

Jeremiah said -

“God appeared to us and said: I have loved you with an everlasting love”

In Hebrew:

"וְאֶהְבֶּתְךָ עוֹלָם אֶהְבֶּתִּיךְ"

Do any of the Hebrew words look familiar? Which ones?

Ahavat Olam prayer is based on Jeremiah's words!

Another one of the prophet's famous sayings is:

God said: the wise person should not boast in wisdom, nor in might (strength); the rich person should not be proud of material wealth.

But a person shall be proud of believing in God, and knowing God's commandments – knowing that God exercises mercy, justice, and righteousness on the earth."

This reminds us that according to God, the value of caring and doing the right thing are more important than material or physical things.

