

# Halelu הללו

Siddur Sim Shalom page 100

הללו...

כָּל הַנְּשָׁמָה תְהַלֵּל יְהוָה,

הללו, הללו יְהוָה.

Praise...

Every soul shall praise God,

Praise, Praise God.

## BIG Idea – Praise God with song!



This psalm encourages us to praise God with musical instruments for all of God's mighty deeds and infinite greatness. It ends by saying – let all the souls praise God!

### Did you know?

The psalms are the songs of praise to God by the people of Israel. The Book of Psalms is known as *Sefer T'hillim* in Hebrew. The word *t'hillim* is derived from the root ל.ל.ה (h.l.l), which means "praise."

The psalms describe a world in which everyone and everything will praise God, and God in turn will hear their prayers and respond.

Many Jews believe that King David was the author of all the psalms.

He is known in the Bible as "the hero of Israel's songs" (2 Samuel 23:1).

Others say that David collected the words of Adam, Abraham, Moses and others, and made their words into the book as a collection. And some others believe that an author, many years after the time of King David, collected these writing from many sources, and put them together into what we now know as the Book of Psalms.



We read and chant psalms as part of a service, and sometimes as way to ask God for healing, or for good things to happen in our life.

(adapted from [www.ifcj.org](http://www.ifcj.org))

### Did you know?

The word *N'shama* נְשָׁמָה is one of the Hebrew words for "soul".

It comes from the root נ.ש.מ which means "to breathe".

In the creation story it is said that God blew a "breath of life" into the man of earth and dust (Genesis 2:7).

This breath of life was the first man's soul.

כָּל הַנְּשָׁמָה תְהַלֵּל יְהוָה can mean – "let all souls praise God."  
Or it can mean – "Praise God with your whole soul".

### Key Words:

הַלְלוּ – praise

יְהוָה – God

הַלְלוּ יְהוָה – Praise God

נְשָׁמָה – soul