



TEMPLE CHAYAI SHALOM

TCS Celebrates 50 Years with 50 Acts of Kindness

During our 50th anniversary year, our goal is to challenge every congregant to complete 50 acts of kindness.

Here are some examples:

- I donated blood this week.
- I shared my cookies with my little sister without being asked.
- I visited a sick friend.
- I brought in cans of tuna for the TCS Family Table Collection.

Most people in our congregation are already doing at least 50 acts of kindness every year, and now we get to share them together – and we get to encourage others in the Congregation to do nice things with us.

Here's how we plan to share them:

1. We ask every congregant (even kids!) to write down each act of kindness you perform on the chart below (and that continues on the back of this form) during the coming Jewish year. Then, next Rosh ha-Shanah, we plan to do something very special with everyone's "acts." (No need to add your name to this sheet; we see this as an anonymous communal effort.)

2. Each Monday, in the "This Week at TCS" email, you will find the "Kindness Corner." This is where we spotlight acts of kindness being done in our community every week! Please send us your stories of how you helped others to **TCSKindness@gmail.com**.

We are so excited to launch this exciting venture and can't wait to learn about everyone's wonderful acts of kindness!

Liz Bornstein, Gary Fradin, and Rebecca Meyer Carr
Co-Chairs, 50 Acts of Kindness Committee

ACT OF KINDNESS:

1.	_____
2.	_____
3.	_____
4.	_____
5.	_____

DATE:

